

HOW TO CLEAN YOUR GLASSES

➔ **BEST WAY TO CLEAN YOUR GLASSES:**

- Make a soapy lather with Soap & Warm Water in your palm.
(Ex. Dawn, Seventh Generation, Softsoap)
- Cover the lenses, frame, and temples (arms).
- Rinse under warm water, and air dry.
- Use a Lens Microfiber Cleaning Cloth (spot dry water marks).

➔ **CLEANING PRODUCTS TO AVOID:**

- Rubbing Alcohol, Bleach, Windex, Ammonia, Vinegar, Acetone.
- They will remove the any Protective Coatings on your lenses.
- Products with potential allergens (Fragrances, Dyes, etc.) as there can be passive transmission of residues to your skin.

➔ **OTHER CLEANING CLOTHS / METHODS TO AVOID:**

- Hard Paper Towels, Bottom of your Shirt, or Any Cloth with Lint (ex. Moisturizing Tissues).
- Spritz Bottle Cleaning Sprays or Disposable Lens Wipes (unless recommended by your Optician).

